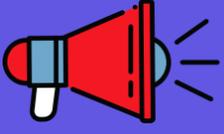


SEXUAL HARASSMENT IS NEVER OKAY



Teen Sexual Harassment and What You Can Do

SEXUAL HARASSMENT is defined as "unwelcomed or unwanted behavior of a sexual nature, or harassment based on someone's gender and/or sexual orientation."

Your Experience of Sexual Harassment is Valid!

Sexual harassment is **never okay** and should **never be justified**. Experiencing sexual harassment can greatly disrupt someone's life.

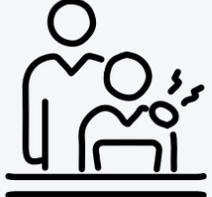
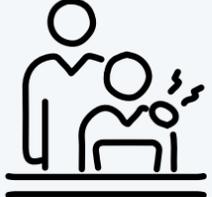
Can lead to:

- Lowered self esteem
- Poor sleep
- Anxiety
- Depression

Can affect:

- Ability to engage in school
- Extracurricular opportunities
- Interpersonal relationships

Sexual Harassment Can Look Like...

- Sexual gestures and cat-calling 
- Showing and/or sharing of sexual images 
- Sexually suggestive messages 
- Sexist putdowns, slurs 
- Comments about someone's body, sex, gender and/or sexual orientation 
- Nonconsensual romantic or sexual advances 
- Sexual Assault 
- Unwanted touching - hugs, shoulder rubs, caresses, massages, pokes, gropes, grabs etc.

It doesn't have to be sexual to be sexual harassment

Sexual harassment can also include:

- Offensive comments about people's bodies, appearances, behaviors, actual or assumed sex, gender identities, sexual orientations
- Behaviors that create a "hostile environment"

Even if the incident seems small, you have options for help

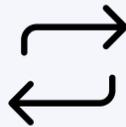
Anyone can experience or exercise sexual harassment!

It is NEVER too late to take action



How to get help for yourself or a peer:

ICSD and the Advocacy Center can work together to create the support best fitted for your needs



Call 24/7:
(607) 277-5000

Email:
teens@actompkins.org

- Google form to connect with ICSD Title IX Officer (Lily Talcott)
- Can provide options to increase your safety, for example:
 - Schedule mapping
 - No contact orders
 - Reserved time with counselors
- Can decide consequences for the student who caused harm

- Provides crisis/emotional support and advocacy services to those impacted by sexual harassment, relationship violence, sexual assault, and stalking

*You have the legal right to call, meet, and work with Advocacy Center staff without parents/ guardians knowing or giving permission