

# EAP WORKSHOP SCHEDULE

## Fall 2021

Facilitated by: Michelle Stolicker, EAP Supervisor

- |   |  |                     |             |
|---|--|---------------------|-------------|
| <input type="checkbox"/> October 20, 2021<br>Wednesday  | <b>ABC's of Adult ADHD</b><br>with Michelle Stolicker, EAP Supervisor                            | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> October 27, 2021<br>Wednesday  | <b>Fighting COVID Fatigue</b><br>with Michelle Stolicker, EAP Supervisor                         | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> November 10, 2021<br>Wednesday | <b>NYS TRS Overview</b><br>with NYS TRS Representative   | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> November 17, 2021<br>Wednesday | <b>Lessons In Loss:<br/>Growing Through the Grief</b><br>with Michelle Stolicker, EAP Supervisor | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> December 1, 2021<br>Wednesday  | <b>Remember Your "WHY"</b><br>with Michelle Stolicker, EAP Supervisor                            | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> December 8, 2021<br>Wednesday  | <b>Don't Sweat the Small Stuff</b><br>with Michelle Stolicker                                    | Live Online Program | 4:30-5:30pm |

If you have a group in your school district interested in bringing a workshop directly to you either virtually or in person utilizing appropriate COVID safety protocols, please call Michelle Stolicker at 1-800-EAP-8764 or 315-471-1361 or email her at [eap@ocmboces.org](mailto:eap@ocmboces.org) . All programs are FREE to component district employees and family members.

**TO REGISTER, PLEASE CHECK DESIRED COURSES**  
**PLEASE RETURN ENTIRE FLYER via BOCES MAIL, US MAIL OR EMAIL**

Name: \_\_\_\_\_

School/School District: \_\_\_\_\_ Position \_\_\_\_\_

School Phone: \_\_\_\_\_ Home/Cell Phone \_\_\_\_\_

E-Mail Address (please print clearly): \_\_\_\_\_

If applicable, name of guest attending with you: \_\_\_\_\_

**RETURN:**                    **Michelle Stolicker/ OCM BOCES Employee Assistance Program**  
**906 Spencer Street c/o Prevention Network**  
**Syracuse, New York 13204**