

Ithaca City School District Ithaca Elementary and Secondary School School Lunch Menu June 2023

Available Daily

Cold Served Specialty Salad Bar

CSF Power Hummus on Salad Bar

Vegetable Sides

Fresh Fruit/Fruit Cups

Fruit and Yogurt Parfait/Granola

Cheese Bagels

Assorted Sandwiches

Choice Of Milk

Food Service Office
607-274-2302

School lunch includes:

One entrée, two sides (includes vegetables & fruits), and milk.
Students may take all five components of the meal but must take at least three.
One of the three must be a vegetable or fruit.

COOL SCHOOL FOOD (CSF): Plant Powered Foods from Around the World (V)

Cool School Food family size recipes you can make at home: www.healthyschoolfood.org/recipes

Breakfast

Elementary: \$1.65

Middle: \$1.90

High School/LACS: \$2.15

Adult: \$3.00

Lunch

Elementary: \$2.75

Middle: \$3.00

High School/LACS- \$3.25

Adult including tax - \$5.75

A la Carte Milk: \$.75

Reduced Meals: \$0 – paid by NYS

	Monday, June 5	Tuesday, June 6	Wednesday, June 7	Thursday, June 8	Friday, June 9
ENTRÉE	Toasted Cheese Sandwich W/Tomato Soup	Chicken Fajitas w/Wrap Roy's Cuban Wrap	French Toast Casserole w/Homemade Turkey Sausage	Awesome Bean Burger/(V) Served on a Roll Burger on Roll	Cheese Pizza (veg) Vegetable Pizza (veg)
	Salad Greens, Fiesta Bean Salad Fruit	Salad Greens, Fruit	Salad Greens, Broccoli, Fruit	Salad Greens and Fruit	Salad Greens, Green Beans, Fruit
	Monday, June 12	Tuesday, June 13	Wednesday, June 14	Thursday, June 15	Friday, June 16
ENTRÉE	Chicken n' Waffles w/Applesauce	Turkey Taco w/Scoops	Baked Ziti w/Roll	Deluxe Chicken Fillet BLT on a Croissant	Cheese Pizza (veg) Vegetable Pizza (veg)
SIDES	Oven Baked Fries Salad Greens, Fruit	Salad Greens, Fruit, Black Beans	Salad Greens, Fruit, Corn	Salad Greens, Fruit	Salad Greens, Green Beans, Fruit
	Monday, June 19	Tuesday, June 20	Wednesday, June 21	Thursday, June 22	Friday, June 23
ENTRÉE	Juneteenth Recess	Awesome Bean Burger/(V) Served on a Roll Burger on Roll	Toasted Cheese w/Tomato Soup	Cooks Choice	Have a Wonderful Summer
SIDES		Salad Greens, Oven Baked Fries, and Fruit	Salad Greens, Fruit		
ENTRÉE					
SIDES					