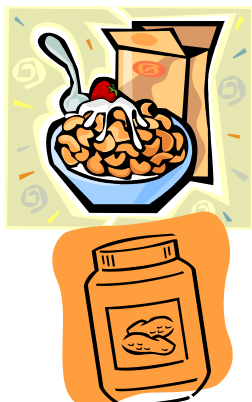


Ithaca Central School District

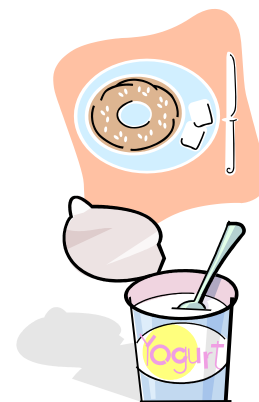
Daily Breakfast Menu

2022-2023



Choice of ONE:
Assorted Bowl Pack Cereal
Apple Pie Oatmeal (Vegan)

Choice of ONE:
1 oz. String Cheese
Assorted 4 oz. Yogurt
2 Tbsp. Peanut Butter Cup
Hard Boiled Egg
Omelet Patty

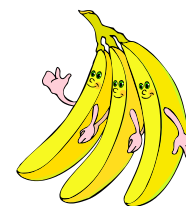


Egg and Cheese Bagel or English Muffin(Counts as two choices from above categories)- Daily

Choice of TWO:
Assorted Chilled Fruit- Fresh +/-or Frozen
Raisins



Choice of ONE:
Fat Free White
1% White Milk



Offer vs. Serve
**Child MUST take at least one item from three different categories,
One of which must be a fruit**