



Protocol for Staff Returning to Work

If you have...

You may return...

COVID-19 related symptom(s) + Not tested	➔	10 days after onset of symptoms if fever free (without fever reducing medication) and with improvement of symptoms for 3 days (72 hours)
COVID-19 related symptom(s) + Tested negative*	➔	with symptom improvement, including being fever free for 24 hours (without fever reducing medication) AND with a note from a healthcare provider indicating the test was negative* OR with a copy of the negative test result*
No COVID-19 related symptoms (asymptomatic) + Tested positive*	➔	upon release from isolation by the Tompkins County Health Department or local health department of residence
Known COVID-19 exposure	➔	upon release from quarantine by the Tompkins County Health Department or local health department of residence
A member of your household with COVID-19 related symptoms	➔	if you remain symptom free AND the person with COVID-like symptoms tests negative for COVID-19*
traveled out of New York State for more than 24 hours (excepting Pennsylvania, New Jersey, Connecticut, Massachusetts and Vermont)*	➔	after obtaining a negative COVID-19 test* within 3 days of departure from that state AND quarantining for 3 days upon arrival in New York AND obtaining another negative COVID test* on day 4 of quarantine#

*See NYS COVID-19 travel advisory: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>

#Both tests must be negative to exit quarantine

*A molecular diagnostic test (i.e. PCR) is required