

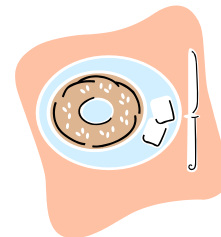
Ithaca Central School District

K-5 Daily Breakfast Menu



Choice of ONE:

Assorted Bowl Pack Cereal
Breakfast Bar
Whole Grain Bagel
Ultimate Breakfast Round



Choice of ONE:

1 oz. String Cheese
Assorted 4 oz. Yogurt
2 Tbsp. Peanut Butter Cup
Hard Boiled Egg
Omelet Patty



Egg and Cheese Bagel (Counts as two choices from above categories)- Daily

Monday only:

Breakfast Pizza

(Counts as two choices from above categories)

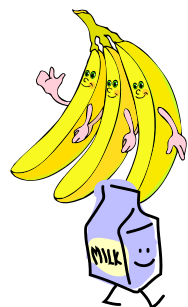
Tuesday only:

French Toast Sticks

(Counts as two choices from above categories)

Choice of TWO:

Assorted Chilled Fruit
Assorted 4 oz. 100% Fruit Juice



Choice of ONE:

Fat Free White or Chocolate Milk

Offer vs. Serve

**Child MUST take at least three items from three different categories,
One of which must be a fruit**