

SPORT	PRACTICE START DATE	TIME	PLACE (REPORT TO)	COACH CONTACT INFO
Varsity Cheerleading	Mon 8.15	4:30 PM - 6:30 PM	HS Small Gym	robinlilton@aol.com
Varsity Cross Country	Mon 8.15	8:00 AM - 10:00 AM	HS Deeks Field (next to track)	rbernste@icsd.k12.ny.us
Modified Cross Country	Mon 8.29	4 PM - 5:30 PM	HS Deeks Field (next to track)	kmelland@icsd.k12.ny.us; cgray@icsd.k12.ny.us
Varsity Football	Mon 8.15	7:50 AM - 12 PM	HS Turf Field	kelly.gordon@icsd.k12.ny.us
Junior Varsity Football	Mon 8.15	7:50 AM - 12 PM	HS Turf Field	chad.rylott@icsd.k12.ny.us
Modified Football	Mon 8.22	4:30 PM - 6:30 PM	HS Grass Field (Deeks Field next to Small Gym)	ivalentine@svc.edu
Varsity Golf	Mon 8.15	Varies	Newman Golf Course	dmiller9@twcny.rr.com
Varsity Girls Soccer	Mon 8.15	Varies	Turf Field	edward.reutemann@cortland.edu
Junior Varsity Girls Soccer	Mon 8.15	Varies	Turf Field	kaitlyn.hoffay@icsd.k12.ny.us
Modified Girls Soccer	Tues 9.6	4:30 PM - 6:30 PM	Northeast Elementary	edward.reutemann@cortland.edu
Varsity Boys Soccer	Mon 8.15	9:00 AM - 12:00 PM	Grass Field, HS Equipment Room	gantoin@icsd.k12.ny.us
Junior Varsity Boys Soccer	Mon 8.15	9:00 AM - 12:00 PM	Grass Field, HS Equipment Room	jonbilling@gmail.com
Modified Boys Soccer	Tues 9.6	4:30 PM - 6:30 PM	Dewitt Middle School	dbuchner@icsd.k12.ny.us; tarmstee@icsd.k12.ny.us
Varsity Girls Swim & Dive	Mon 8.15	4:00 PM - 7:00 PM	Ithaca College and Ithaca High	mikearmitageswims@gmail.com
Varsity Girls Tennis	Mon 8.15	9:00 AM - 12:00 PM	HS Tennis Court (Week 1 & 2) (Week 3 = Evening Practice)	abf11@cornell.edu
Modified Girls Tennis	Mon 8.29	9:00 AM - 11:30 AM	HS Tennis Court (Week 1).....Cass Park, (Week 2)	shane.taylor@icsd.k12.ny.us; marimitchell@twcny.rr.com
Varsity Volleyball	Mon 8.15	9:00 AM - 11:30 AM	HS Gym	jillmkautz@gmail.com
Junior Varsity Volleyball	Mon 8.15	9:00 AM - 11:30 AM	HS Gym	ccohen1031@gmail.com
Modified Volleyball	Mon 8.29	4:30 PM - 6:30 PM	Week 1 = Ithaca High School Week 2 = Dewitt Middle School	jillmkautz@gmail.com

Fall Parent and Student-Athlete Kickoffs Meetings	
Varsity / Junior Varsity	Sunday August 21, 6 PM, Ithaca High
Modified	Sunday August 28, 6 PM, Ithaca High
Fall Picture Day	
Varsity / Junior Varsity	Tuesday, August 23, Ithaca High (Time = Depends on Team)
Modified	Saturday, September 10, Ithaca High (Time = Depends on Team)



Fall 2016-17

Wellness And Athletics Officer

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High School Nurses

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Dewitt Middle School Nurse

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Bovnton Middle School Nurse

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